Starry Dreams and Planet Mars By Becca Beale

Hope, Faith and Trust

With a sprinkle of pixie dust

A mother to her son would say

All to keep his fears at bay

A gentle kiss

A soft caress through his hair

Mummy tell me a story

Would you like the one about Big Mama Bear?

With a nod of his head they cuddle up close

Her voice soft, calm, the sound he loves the most

Soon he dreams of dancing stars

Of a joyful journey to planet Mars

A mother watching her son peacefully sleep

As he drifts off to Neverland and sails the ocean deep

A place where his hopes come to light

His mother whispers her loving goodnight

This day had not been so very good

His fear and anxiety

Swallowing him like a dark cloaked hood

Emotions overwhelming

Almost too much to bear

Marching on her little solider does

Brave faced, strong, shoulders square

Proud and warm hearted a mother does feel

Seeing her little boy overcome his ordeals

For even though he is different, not the same

A superhero's heart beats inside his small frame

A mother watches as he sleeps

Memories flooding back

The one everyone keeps

The two of them hand in hand

Splashing, playing, enjoying the sand

To a mother he is no different

Just the same

He is beautiful; amazing and wonderful

And he should never feel shame

One day her boy will grow into a man

Just like any other's child can

He will follow his dreams

And work hard for them too

Because autism isn't restrictive

It opens endless possibilities on things he CAN do